

# THE RIDGE

June  
2012

Hawthorne Ridge \* 30 Community Way \* East Greenbush, NY 12061 \* 518-833-1111



## Celebrating

### June

*June 2*

**The Anvil Inn – Ft. Edward**

*June 6*

**ILU/ALU Clam Bake**

*June 7*

**Oliver @ Mac-Haydn Theatre**

*June 12*

**Albany Aqua Duck Tour**

*June 14*

**Mountain View Braiserie**

*June 17*

**ILU/ALU Father's  
Day Cookout**

*June 19*

**Memoir Writing Workshop**

*June 21*

**Brigadoon @ Mac-Haydn Theatre  
&  
Bagpipes & Drummer – ILU Patio**

*June 26*

**Joshua Wein – Piano Concert**

*June 28*

**Vanderbilt Mansion in  
Hyde Park, NY**

## 60's Party at Beverwyck



Activities Coordinator, Pat Depew, at The Terrace at The Beverwyck invited ALU and ALZ residents to a 60's party recently. The residents had a fabulous time dancing to music by The Hoosick Street Hoots. There were theme decorations, table games, snacks and fun was had by all. Thank you, Pat, and everyone at Beverwyck for hosting us. Residents from Beverwyck will be coming to our community in July for a visit. We look forward to having them here.



ALU residents, John & Imy, enjoying themselves at the Beverwyck 60's party. ☺



By: Amy Kennedy

I would like to thank all the residents who filled out this past quarter's resident satisfaction survey. We had 100% response rate which was one of the highest in the Housing Division. I am also pleased to report our overall score was 4.7 out of 5. This is a result of the outstanding work by our employees. We continue to strive for 5, making Hawthorne Ridge a great place to live.

Thank you!



### Pianist, Melinda Cestaro Performs

On May 1, Melinda Cestaro, SUNY Albany Senior, and student of Professor Duncan Cumming, performed her senior recital for Hawthorne Ridge residents. Melinda has been studying piano since the age of eight. She was the recipient of the Andrea Hanan Music Scholarship in 2009, the Douglas Malcom Hastings Award in 2012, and was inducted into Phi Beta Kappa in 2011. In the fall of 2012, she will pursue a Master of Music in Piano Performance at the University of Florida. Thank you for coming to play for us, Melinda!

### Welcome, Rene!



A BIG WELCOME TO RENE COZENS, our new Hawthorne Ridge ILU receptionist. She is a 2009 graduate of the State University of New York, at Albany. Rene was previously employed at Daybreak, an Eddy day-time care program for the elderly, in Rensselaer, near the Amtrak station. Part of her studies were done in England, where she met her English husband. They were married, 3 years ago on our Independence Day. He is studying to be a Physician.

(Article & Photo by June Metzger)

## Nunsense!

ILU and ALU residents attended the first play of the Mac-Haydn Theatre 2012 season. We saw *Nunsense* and it was terrific! Before the performance we had a delicious lunch at Winding Brook Country Club. We have tickets for *Oliver*, *Brigadoon*, *Legally Blonde*, *Kiss Me Kate*, *Copacabana*, *State Fair* & *Smokey Joe's Café* and can't wait to see them all!



ILU & ALU residents waiting for *Nunsense* to begin



## ILU Wii Bowling Banquet



ILU Residents Back Row L-R – Frank, Pat, Millie, Gloria, Diane, Lois, Annette, David, Gladys – Front L-R – Ruby, Edith, Shirley, Marian, Charlie & Alice

The ILU Wii Bowling League wound up their winter bowling league with a banquet lunch on Friday, May 11. Awards were presented and lunch and cake was enjoyed by the bowlers and their faithful fans.



Al Soria  
“The Mayor” of ILU ☺

## Columbia High School String Ensemble Mother's Day Concert

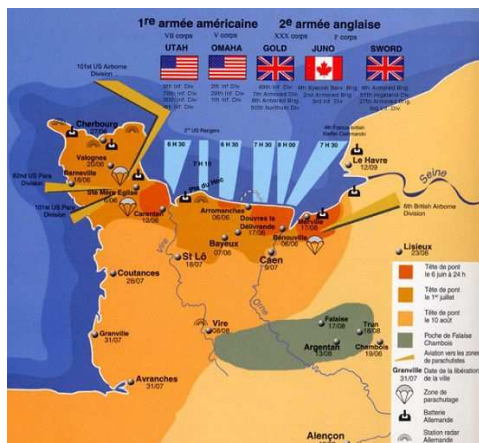


On May 13th the Columbia High School String Ensemble, lead by faculty member Susan Chrzan, performed in the Sterling Center. They were fabulous and we appreciated that they took the time to entertain us on Mother's Day. We hope to have them back again very soon. Thank you Ms. Chrzan and all of the students at CHS!



## CINCO DE MAYO PARTY





## Débarquement En Normandie 6 Juin 1944

(Submitted by Simone Schaefer)

~The Normandy landings of June 6, 1944~  
Great battle of World War II, the invasion of Normandy began June 6, 1944. This allied military operation will be considered a turning point in WWII. Stalin's wish is to open a second front in Europe, aiming to take the German army in a pincer movement and open access to Germany.

Allied troops therefore put in place the Operation Fortitude designed to deceive the German enemy into believing a buildup of tanks assault opposite Calais. This operation is a success: The Germans are convinced that the long landing of allied troops will take place in the region Nord-Pas de Calais.



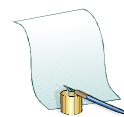
The insurance sponsored "SILVER SNEAKERS" physical therapy program explained its partnership with YMCA – anywhere in the country. Current members demonstrated in a video the exercises designed to improve overall strength and mobility. The goal is to prevent senior accidents and delay failing health. The sessions provide enjoyable socializing also.



## Adirondack Singer/Songwriter Mark Mason Visit Hawthorne Ridge

Local musician, Mark Mason, performed a show about this history, legends and folklore of the Lake George – Adirondack region of NYS on Friday, May 18. The residents enjoyed his stories, songs and humor. We all learned a lot about Lake George and Adirondack history. Thank you, Mark!

Mark your calendars....



## Memoir: The Art of Telling Your Story

Session 1: The Power of Place  
Tuesday, June 19 – 1- 3 PM (Activities Room)  
Session 2: Doorways to Memoir  
Tuesday: July 24 – 1 – 3 PM (Activities Room)  
COME TO EITHER OR BOTH!

Facilitator – Judith Prest, LMSW, Creativity Coach, published poet, mixed media artist & photographer. Since retiring as a school social worker she has been teaching creative writing and expressive arts workshops in the Capital District.