Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	SUST 2 ILU Activities	;	1 11:00 Res. Advisory Council 11:00 Tech Tips with Andrew – ILU LR 1:00 Scrabble – East Wing 50/50 Raffle 4:30 Cocktail Party	10:15 Stretch Sittercise – SC 10:00 Coffee Klatch – Café 12:45 Dep. Mac-Haydn Theatre – Kiss Me Kate 6:00 Dep – SPAC – Phil. Orchestra – "The Lure of Paris"	11:15 – 12:00 – Newsletter & Social/Activities Committee - AR 1:00 Trip to Hannaford 6:30 ALU/ILU Shuffleboard	4 11:45 Dep – Spectrum Movies 1:00 Wii Bowling 6:45 Board Games
1:00 Wii Bowling 2:30 Movie 7:00 Bingo	Gloria Wood! 11:00 Tech Tips with	2:45 Chair Aerobics – SC	1:00 Scrabble – East Wing 50/50 Raffle 4:30 Cocktail Party	10:00 Stretch Sittercise – SC 10:00 Coffee Klatch – Café 1:30 Gentle Yoga 11:00 Dep. Mac-Haydn	Happy Birthday 10 Joan Frier!! 10:00 ILU Resident Meeting – SC 1:00 Trip to Hannaford 2:00 ILU/ALU/ALZ Olympic Floor Bowling Tournament – SC 6:30 ALU/ILU Shuffleboard	11 1:00 Wii Bowling 6:45 Board Games
1:00 Wii Bowling 2:30 Movie 7:00 Bingo	13 11:00 Tech Tips with Andrew – ILU LR 1:00 Mohjong – East Wing 6:30 Summer Wii Bowling League	1:00 Trip to Walmart 2:00 Garden	10:30 MASS - SC 15 11:00 Tech Tips with Andrew – ILU LR 1:00 Scrabble – East Wing 50/50 Raffle 2:30 Book Club - AR 4:30 Cocktail Party 6:00 Dep – SPAC – Phil. Orchestra – "Joshua Bell"	10:15 Stretch16Sittercise – SC10:00 Coffee Klatch– Café11:30 – Lunch Outingto The Epicurean Café5:00 – Hawaiian Luau –ILU DR	17 1:00 Trip to Hannaford 6:30 ALU/ILU Shuffleboard 6:45 Table Topics (Fireside Lounge)	Happy Birthday 18 Edith Gundrum! 1:00 Wii Bowling 6:00 Dep – SPAC – Phil. Orchestra – "Tchaikovsky" 6:45 Board Games
2:30 Movie 7:00 Bingo	_	1:00 Trip to Walmart 2:45 Chair Aerobics	22 11:00 Tech Tips with Andrew – ILU LR 1:00 Scrabble – East Wing 50/50 Raffle 2:30 – 3:30 – Massage by Appt. 4:30 Cocktail Party	23 10:00 Stretch Sittercise – SC 10:00 Coffee Klatch – Café 11:00 Dep. Mac-Haydn Theatre – State Fair 1:30 Gentle Yoga	Happy Birthday Diane Kellogg! 1:00 Trip to Hannaford 6:30 ALU/ILU Shuffleboard	25 10:00 Lee Outlets Shopping Trip 1:00 Wii Bowling 6:45 Board Games
2:30 Movie 7:00 Bingo	11:00 Tech Tips with	2:45 Chair Aerobics – SC 6:30 Nature Logues – Slide Show – "Attracting Birds to Your Back Yard" - SC	Andrew – ILU LR 1:00 Scrabble – East Wing 50/50 Raffle 4:30 Cocktail Party	10:00 Food Committee 10:15 Stretch Sittercise – SC	1:00 Trip to Hannaford 5:00 Labor Day BBQ 6:30 ALU/ILU Shuffleboard	Therapy Dogs in ALU – Aug. 10,13,24 & 27